

Tandem Participation Register – Call out for Expressions of Interest (EOI)

RANZCP Victorian Leadership in Psychiatry Project – Phase 2 – Small Group Online Workshop

Lived and living experience engagement opportunity with the Royal Australian and New Zealand College of Psychiatrists (RANZCP)

Facilitated by Erin O’Donoghue, Co-design and Engagement Specialist, Founder of Hive Collective

Project overview and purpose

The Royal Australian and New Zealand College of Psychiatrists (RANZCP) is leading the Victorian Psychiatry Leadership Project (VPLP), which is funded by the Victorian Department of Health.

Led by the VPLP Working Group, the aim of the project is to develop a framework and associated deliverables to guide the design and delivery of a contemporary leadership development program that facilitates and supports the aspirations of the Royal Commission into Victoria’s Mental Health System Final Report Recommendations, including:

- co-leadership with consumers, carers, and their families
- clinical governance
- “change-readiness” skills to embrace system reform

Approach

The Working Group is taking a human centred approach to the project and are engaging with a wide range of valued stakeholders, including those with a lived and living experience and expertise, to gather their views and insights to inform this important project.

Current opportunity – Phase 2

Having already undertaken early engagement in Phase 1 of the project (to inform the scoping of the project), the Working Group now working on Phase 2 of the project.

During Phase 2, the Working Group are seeking lived and living experience input into the design of the draft framework/model, learning objectives and learning activities. The Working Group also anticipate that there will be opportunities for additional feedback in Phase 3, in which they will be gathering feedback throughout implementation, including the development and delivery of a (partial) pilot program/learning pathway.

About the facilitator

The workshop will be facilitated by Erin O'Donoghue, an experienced co-design and engagement specialist and founder of [Hive Collective](#), on behalf of the RANZCP Victorian Psychiatry Leadership Project (VPLP).

Lived and living experience recruitment needs

The VPLP Working Group welcome a diversity of lived/living experience views and perspectives from individuals throughout Victoria. The Working Group is seeking 6 to 8 individuals with the following carer, family or supporter lived/living experience within the Victorian Mental Health System:

- supporting someone to access psychiatric services, in particular, working with psychiatrist(s) over time, for example, ongoing treatment for 6 months or more
- supporting someone attempting to access psychiatric services, this may include experiences resulting in no treatment, short-term treatment and/or discontinued treatment with psychiatrist(s)

In addition (ideal, but not essential), professional or community engagement experience:

- leading or participating in an organisational change process
- understanding of leadership concepts, competencies and development programs

Engagement schedule and format

Optional engagement support – pre-briefing session (recommended but not required)

Opportunity to meet the facilitator and your fellow participants, catchup and prepare for the workshop

- **Wednesday 16 August 2023**
- **1pm to 2pm**
- **Online - Zoom**

Engagement Activity: Small Group Online Workshop

- **Wednesday 23 August 2023**
- **1pm to 3.30pm**
- **Online - Zoom**

Phase 2 to 3 – Future engagement opportunities to be determined

Based on findings from the Small Group Workshop in August, there may be two more opportunities to contribute during phase 2 or 3 of the project, most likely in late September and early November. Interested and selected participants will be informed about future opportunities to contribute to the Victorian Psychiatry Leadership Project (VPLP).

Remuneration

Lived experience engagement at the 'Involve' remuneration rate:

- \$175.00 (Half day rate – up to 4 hours) total
- Payment for a 4-hour block includes the scheduled engagement, as well as any pre-session preparation (optional pre-briefing session) and any post-session contribution (evaluation/feedback).

Expression of Interest (EOI) close date and time:

10am, Monday 7 August 2023

[See Next steps – How to Express your Interest on pages 4 to 5...](#)

Next steps – How to Express your Interest as a Tandem Participation Register member:

If you're not a Tandem Participation Register Member yet ...

- Please find out more about eligibility and how to join online tandemcarers.org.au/register
- We encourage you complete the Online Application Form tandemcarers.org.au/register however you're welcome to submit an Expression of Interest (EOI) to participate in your first engagement opportunity without joining the Register
- If you're selected to participate in this engagement, we'll contact you to capture your payment details, give you an overview on the how the Register works, and discuss the option to join the Tandem Participation Register for future engagement opportunities.

Step 1

Please send your brief Expression of Interest (EOI) with subject line **RANZCP Victorian Leadership in Psychiatry Project** in a reply email (written, video or audio recording) to mhcregister@tandemcarers.org.au by **10am, Monday 7 August 2023** including a brief response to **questions 1 to 8 (see pages 4 to 5):**

1. Your full name*
2. Your preferred pronouns (he/him – she/her – they/them – prefer not to say)*
3. Your age/age range*
4. Your email address*
5. Your phone number*
6. A few words (up to 250 words) about why you would like to contribute this project?
 - *Please refer to the 'Lived and Living experience recruitment needs' on page 2*
 - *Bullet points are fine – we just need to know your lived experience is relevant to this engagement opportunity*
7. Intersectional identity/diverse communities – optional inclusion*
 - We welcome carers, family and supporters from diverse backgrounds to share perspectives from their own complex and unique lived/living experiences. If you and the person you support are happy to share, please let us know if you, or they, identify with any intersectional identities or communities including: First Nations Peoples, culturally and linguistically diverse (CALD) communities (let us know your cultural background), LGBTQIA+, non-binary, and gender diverse communities,

Disability community, Neurodiverse community, and any other community group not listed here.

8. Please let us know your current availability to commit to the engagement, as per the schedule below:

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Step 2

- The Tandem Register will be in touch as soon as possible, and within a week of the EOI close date to notify the outcome (selected or not selected)
- If you are selected to participate in this engagement opportunity, you will be sent a detailed 'confirmation of selection' email to confirm your selection and current availability, and the upcoming engagement details, such as the support available and the remuneration amount, as per this document
- The VPLP Working Group will email you directly throughout the engagement process, such as; calendar invitation(s) and online meeting link(s), pre-reading, privacy and consent statement, engagement updates, feedback and evaluation

Contact

If you have any questions about this Register lived and living experience engagement opportunity, please contact the Tandem Participation Register Coordinator:

Phone (03) 8803 5555 | Email mhcregister@tandemcarers.org.au

Accessibility, safety, and support

Tandem and the Royal Australian and New Zealand College of Psychiatrists (RANZCP) Victorian Psychiatry Leadership Project (VPLP) aim to provide positive, safe and meaningful engagement opportunities.

We recognise contributing lived and living experience insights to projects can be challenging, as it prompts all involved – including participants and facilitators – to reflect on our experiences in the mental health system.

We encourage all Tandem Register members to make the most of the support available through the Tandem Participation Register, at any stage throughout (before, during and after) the engagement process.

Accessibility

- Please include any access needs in your EOI or feel free to contact the Tandem Participation Register Coordinator to discuss – phone 03 8803 5555 or email mhcregister@tandemcarers.org.au
- The format of these engagement opportunities will be held online to enable greater participation for Register participants in regional Victoria, and those that cannot travel due to illness, injury, disability or/or caring responsibilities
- You will need a computer/tablet/smart phone, stable internet connection, email account and access to Zoom to fully participate. Tandem may be able to assist in providing internet access at the Tandem Office in Abbotsford and/or searching for IT support services available at your local library
- Participant contributions will be accepted verbally during the online discussion and in writing via the online meeting chat, and by email up to a week after the session.

Support

- Optional, small group or 1:1 pre-session and post-session support will be tailored to each engagement opportunity and delivered by the Tandem Register Team. Selected participants will be emailed details of the support approach, for example small group or 1:1 pre-briefing and debriefing sessions to be scheduled (20 to 45 minutes over Zoom or phone). If you cannot make the small group session feel free to arrange a 1:1 pre-session
- Tandem In-Session Peer Support may be available for some engagement opportunities. Where applicable, selected participants will be provided with further information regarding



the In-Session Peer Support available, and how to access support during and after the session.

- Tandem members are also encouraged to contact the [1800 Tandem Support and Referral Line](#) – Monday to Friday, 9am and 5pm – visit our website or the last page of this document for more detail

**Personal information and privacy notes:*

- Outcome notification following the Expression of Interest process (selected or not selected) will be emailed by the Tandem Participation Register mhcregister@tandemcarers.org.au
- Selected participants' full name, email address, phone number, basic demographic data and optional intersectional identity information will be provided to Royal Australian and New Zealand College of Psychiatrists (RANZCP) Victorian Psychiatry Leadership Project (VPLP). This data will be deidentified and used for project planning purposes only.
- Royal Australian and New Zealand College of Psychiatrists (RANZCP) Victorian Psychiatry Leadership Project (VPLP) will use your contact information (primarily email) for all engagement communication such as official calendar invitations, online meeting links (zoom), engagement updates, pre-reading, evaluation and feedback.

Contact

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Phone (03) 8803 5555 | Email mhcregister@tandemcarers.org.au

Support Reminder – Tandem Support and Referral Line - 1800 314 325

The Tandem Support and Referral Line provides support, information and referral to the family members, friends and carers of people living with mental health challenges

Tandem encourages all Register members to use this service

You can call us for free between Monday to Friday, 9am-5pm, to:

- Speak with someone who understands your situation
- Seek general advice, advocacy and information on services to meet your needs
- Seek support with NDIS access and plan issues

Please note that we are not a crisis service. If you or someone else may be at risk of suicide please contact: Lifeline [13 11 14](tel:131114) - Suicide Helpline [1300 651 251](tel:1300651251) - Kid's Help Line [1800 55 1800](tel:1800551800)

Who can call the Tandem Support and Referral Line?

Family members or friends who are supporting a person with mental health issues are eligible to use Tandem's Support and Referral Service.

If you are a [Tandem member](#) (in addition to Register membership), you also have access to individual advocacy, support and referral through an Advisor. This may include:

- Assisting family and friends to understand their rights and responsibilities under relevant legislation and service policies and procedures;
- Empowering members to advocate effectively on their own behalf; and
- Providing family and friends with appropriate referrals.

Family and friends can access this support and referral service by becoming a [member](#) of Tandem.

The Advisor can advise on the use of the [Nominated Persons and Advance Statement](#) components of the Mental Health Act.

More information

Visit: [Support and Referral Line \(tandemcarers.org.au\)](https://tandemcarers.org.au) | Call [1800 314 325](tel:1800314325)

Email info@tandemcarers.org.au